

TimetableTracker

Quoro Health Studio Glebe - Average* Class Attendances

PILATES REFORMER												
	6.00am	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	4.30pm	5.15pm	6.15pm	7.15pm	8.15pm
MONDAY	5	8			11	5	12	9	10	15	6	4
TUESDAY					13		10		11	12	8	3
WEDNESDAY	8	6			17	2	9		12	13	8	
THURSDAY					11		6	12	13	11		
FRIDAY	(6.30am) 8				17	6	15		6	6		
SATURDAY			19	12	5	15						
SUNDAY				15	13	6						

YOGA + HOT YOGA CLASSES												
		7.45am	9.00am	10.00am	11.00am	12.00pm		5.15pm	6.15pm	7.15pm	8.15pm	
MONDAY					5			6	5	5		
TUESDAY					6			3	4	2		
WEDNESDAY					9				8			
THURSDAY	(6.30am) 5				4				4			
FRIDAY												
SATURDAY			4	15	5	7						
SUNDAY				20	8							

CLINICAL PILATES + POWER PLATE SCULPTING												
	6.30am		7.45am	9.00am	10.00am	11.00am	12.00pm		5.15pm	6.15pm	7.15pm	8.15pm
MONDAY				2						2	1	
TUESDAY										1		
WEDNESDAY			2									
THURSDAY												
FRIDAY				1								

SUPERVISED CHILDS PLAY												
				10.00am	11.00am	12.00pm						
MONDAY				2		1						
TUESDAY												
WEDNESDAY				2		1						
THURSDAY												
FRIDAY				2								

*Based on the class attendances over the past 2 weeks
Maximum Capacities : Reformer (20) - Yoga (25) - Clinical (5) - Kids (5)