

TimetableTracker

Quoro Health Studio Glebe - Average* Class Attendances

PILATES REFORMER												
	6.00am	7.00am	8.00am	9.00am	10.00am	11.00am	12.00pm	4.30pm	5.15pm	6.15pm	7.15pm	8.15pm
MONDAY	9	8			12	New	16	New	20	10	8	10
TUESDAY					13		17		5	12	14	New
WEDNESDAY	8	6			8	New	17		17	20	8	
THURSDAY					21		9	New	20	11		
FRIDAY	(6.30am) 8				16		15		6	11		
SATURDAY			16	20	16	New						
SUNDAY				10	14	New						

YOGA + HOT YOGA CLASSES												
		7.45am	9.00am	10.00am	11.00am	12.00pm			5.15pm	6.15pm	7.15pm	8.15pm
MONDAY					7				4	5	5	
TUESDAY					13				9	8	7	
WEDNESDAY					9					11		
THURSDAY	(6.30am) 3				4					11	5	
FRIDAY												
SATURDAY			4	9	5	7						
SUNDAY				8	8							

CLINICAL PILATES + POWER PLATE SCULPTING												
	6.30am	7.45am	9.00am	10.00am	11.00am	12.00pm			5.15pm	6.15pm	7.15pm	8.15pm
MONDAY			2							2	1	
TUESDAY										1		
WEDNESDAY			2									
THURSDAY										1		
FRIDAY				1								

SUPERVISED CHILDS PLAY												
				10.00am	11.00am	12.00pm						
MONDAY				2		1						
TUESDAY												
WEDNESDAY				2		1						
THURSDAY												
FRIDAY				1								

*Based on the class attendances over the past 2 weeks
 Maximum Capacities : Reformer (20) - Yoga (25) - Clinical (5) - Kids (5)